

Alpha Gymnastics

1817 N. Main Ave. Scranton, Pa. 18508

www.alphabounders.com

(570) 961-FLIP (3547)

Fall/Winter Session

Alpha Offers:

- * Beginner to Advanced Gymnastics Classes All Ages
- * Parent/ Child (1-3 yr) Classes
- * Daytime and Evening Classes
- * Tumbling for Cheerleading
- * Skills for Dance or Karate
- * Rec Team
- * USA/J.O. Team
- * Birthday Parties
- * Private Lessons
- * School Field Trips or Satellite Program
- * Classes Accommodating Special Needs Children
- * Air Conditioned Facility
- * Large Parent Waiting Room

Be a part of the ultimate gymnastics experience! Where children come first!
Alpha offers training on our tumble trak, in ground trampoline, mirrored spring floor, uneven bars, balance beam, vault table, mens still rings, parallel bars, pommel horse.

Welcome to Alpha Gymnastics

Mission Statement: “We put children first.” Gymnastics is a great foundation to help develop coordination, strength and flexibility. Your child will learn the fundamentals of movement while gaining self-esteem, self confidence & self discipline. Gymnastics enhances agility and awareness for other sports and is just plain fun!!!

“Special Days”

- * Costume Parade Week - October 24^h thru 30th
- * Roba's October 19th
- * Closed on October 31st
- * Thanksgiving - November 28th- 30th Closed
- * Winter Break - Dec. 23rd -January 2nd Closed
- * Cartwheel-a-thon 2014, date TBA
- * Home Rec meet Feb
- * Team Home exhibition May 17th , 2014
- * Trophy Week will be May 19th- May 24th 2014
- * Parent Observations TBA
- * Class photos TBA

Mark your calendars!!

INFORMATION

ATTIRE

Appropriate attire consists of leotards, shorts or sweatpants & t-shirts. No zippers, snaps or buckles on shorts. Gymnasts or cheerleaders with long hair must have it tied back. Please do not wear jewelry. Please do not wear socks or tights as they are slippery on the equipment.

DIRECTIONS

From I-81 North or South, take exit 190 Dickson City/Main Ave. At the light turn left onto Main Ave. Follow straight by Schiff's for 3 lights continue the gym is on the right. For additional directions please call the gym at 961-FLIP or visit our website at www.alphabounders.com.

REFUND POLICY

Payments are non-refundable, if your child has an extended illness please notify the office at 961-FLIP.

MAKE-UP POLICY

Alpha has a make up policy please contact the office. If we close due to weather, a make-up day will be scheduled thru the office at 961-FLIP(3547). If your child misses class because of an extended illness please notify the office as soon as possible, so that arrangements can be made.

REGISTRATION

Please mail in \$30 registration fee (additional \$15 each sibling) with the registration form in order to process. The annual registration fee is non-refundable.

PAYMENT

Payment is due the 1st class of each month. There will be a \$5 discount per month for each additional sibling. If you need to make arrangements, or have any questions please call the office at 961-FLIP.

There will be a \$20.00 returned check fee.

Cash or checks accepted made payable to: Alpha Gymnastics.

ALPHA PROGRAMS

Parent & Child: 1-3 yrs.- Boys and Girls with parent or guardian, 45 minute class \$53.00/month

Preschool: 3-5 yrs. - Boys and Girls. 1 hour class \$53.00/month

Girls: 5-18 yrs. - Beginner, Intermediate or Advanced. 1 hour class \$53.00 or 2 hr. class \$95.00/month.

Boys: 5-18 yrs. - Beginner, Intermediate or Advanced. 1 hr class \$53.00/mo. or 2 hr class \$95.00/month

Tumbling for Cheerleading: 1-1/2 hour class \$75/month or 2 hour class \$95.00/month

Team Programs: Recreational Team- 2-6 hrs./week and compete in four or five meets a season.

USA /J.O. Team Program-for the serious gymnast. 6-18 hrs./week and compete in five to six meets a season.

Birthday Parties: 2 hours in length! 1hour in the gym and 1 hour upstairs for food and presents.

Cost of the party is **\$160** for up to 16 children, \$10 for each additional child. Please call the office 961-3547.

Student Instructor Class Ratio: approx. 9:1

September 3rd thru May 24th Schedule 2013-2014

Program	Monday	Tuesday	Wednesday	Thursday	Saturday
Parent/Child 1-3yr	5:30 or 6:30 pm	5:30 pm	5:30 or 6:30 pm	5:30 pm	10:00 am or 11:15 am
Preschool: 3- 5yr.	4:15 or 5:30	4:15 , 5:30 or 6:30	4:15 or 5:30	4:15, 5:30 or 6:30	10:00 or 11:15am
Girls: 5-7 yr or 8-12 yr, 1hour	4:15, 5:30 or 6:30	4:15, 5:30 or 6:30	4:15, 5:30 or 6:30	4:15, 5:30 or 6:30	10:00 or 11:15am
Boys: 5-7 yr or 8-12 yr, 1 hour	4:15, 5:30 or 6:30	4:15 , 5:30 6:30	4:15 or 5:30	4:15, 5:30 or 6:30	10:00 or 11:15 am
Boys or Girls for 2 hours	5:30 - 7:30	5:30-7:30	5:30-7:30	5:30-7:30	10-12:15
Tumbling for Cheer: 1 or 2 hrs	4:15, 5:30, 6:30, or 5:30-7:30	4:15, 5:30, 6:30 or 5:30-7:30	4:15, 5:30, 6:30 or 5:30-7:30	4:15, 5:30, 6:30, or 5:30-7:30	10:00 or 11:15 or 10:00-12:15
Rec Team	TBA	TBA	TBA	TBA	TBA
USA /J.O. Team	TBA	TBA	TBA	TBA	TBA

Team hours will be assigned according to their level

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CLASS TIMES MAY NOT BE AVAILABLE DUE TO ENROLLMENT